## Aging – A Fact of Life

There's much to be said for Nebraska's Good Life when it comes to aging. It's a fact that more and more Nebraskans are living longer and longer. There's nearly 290,000 Nebraskans 60 years of age or older and the Census Bureau projects that number will reach 399,448 by the year 2020.

One reason for this growth is that Nebraska ranks seventh in the nation in life expectancy for men, and fourth for women. In 1986, Nebraska had the highest percentage of 75 plus and 85 plus persons in relation to our 60 plus population of any state in the nation according to the latest available Census Bureau information. The state ranks twelfth among all states in the percentage of 60 plus individuals in relation to the total state population. While the total numbers of older people in Nebraska may never equal the huge numbers in the sun-belt states, Nebraska's percentages of older citizens continue to grow. This fact presents unique challenges and opportunities.

The challenge is to make the Good Life in Nebraska available in the future for a burgeoning corps of older persons. The opportunities come in working together to utilize, in positive and constructive ways, Nebraska's public and private resources to provide older persons the ability to live independent, dignified and meaningful lives.

1



## Nebraska Population Growth

	1986	2020
Total Pop.	1,598,000	1,899,706
60 plus	287,000 (18%)	<b>399,448</b> (21%)
65 plus	<b>217,000</b> (13.6%)	280,502 (14.7%)
75 plus	101,000 (6.3%)	<b>107,775</b> (5.6%)
85 plus	28,000 (1.75%)	Not Available
		and the second